



TERI STANLEY/ENTERPRISE

Crunching For A Cause

More than \$7,000 was raised by 14 women who did 34,322 crunches at the First Annual Ab Crunch Challenge for charity held at Ladies Workout Express at the Falmouth Mall Saturday morning. Among those competing, along with their official "counters," were, from front, Adrienne Okon of East Falmouth and her counter, Debra Sangster of Mashpee; Brenda Gostanian of North Falmouth and her counter, Stacey Lee of Falmouth; Jessica Holzworth, 12, of Falmouth and her counter, her mother, Kelly Holzworth; Cheryl Atherton of Falmouth and her counter Laney Cooke-Johnson; Lauren Marks of Falmouth and her counter, her daughter, Jenna Marks; and Barbara Rountree of Waquoit with her daughter, Sally, 12, as her counter. Ladies Workout Express member Linda Boisonnault of Hatchville did the most abdominal crunches at 3,719. Ms. Atherton, also a member of Ladies Workout Express, raised the most amount of donations, a total of \$2,845.

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